

INGREDIENTS & ALLERGENS GUIDE



ABOUT THIS GUIDE

This Ingredients and Allergens Guide lists ingredients and allergens in our standard menu items, as reported by our product suppliers. While we strive to maintain consistency in our products, ingredient variations or substitutions may occur, and recipes may change from time to time. Some menu items may not be available at all restaurants. This Guide may not list all our product offerings, including test products, limited time offerings or promotional offerings.

FOOD ALLERGY CAUTION

Providing safe, high-quality products and services to our guests is our highest priority. We are committed to helping you make informed choices by providing you with the most complete and accurate ingredient and allergen information we currently have available. No warranty is expressed or implied regarding the accuracy of the information provided.

This Ingredients and Allergens Guide uses symbols to indicate the presence or possible presence of allergens. As in all regular kitchen operations, there is the possibility of cross-contamination between food items, equipment, or utensils, as well as between preparatory, cooking or storage areas. Occasional variations in recipes or product formulations are possible and there is risk of cross-contamination of ingredients at the manufacturing site. Edo Japan Restaurants Ltd. (including its affiliates, partnerships, and franchisees) assumes no liability as a result of food related reactions.

For further questions, please reach out to us at contactus@edojapan.com or speak with a manager at any of our restaurants.

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MEAL	INGREDIENTS ✓ = Contains ● = May Contain *See Sauces , page 16 **See Components, Sides & Extras , pages 14-18	Peanut	Tree Nuts	Sesame Seeds & Derivatives	Milk & Milk Byproducts	Eggs & Egg Products	Seafood or Shellfish	Soy	Wheat or Gluten	Sulphites	MSG
RICE MEALS											
TERIYAKI CHICKEN	Chicken, Soy Sauce*, Teriyaki Sauce*, Mushrooms, Broccoli, Cabbage, Carrot, Salt, Pepper, White Rice							✓	✓		
SUKIYAKI BEEF	Beef, Green Seasoning*, Soy Sauce*, Teriyaki Sauce*, Mushrooms, Broccoli, Cabbage, Carrot, Salt, Pepper, White Rice							✓	✓		
CHICKEN & BEEF	Chicken, Beef, Green Seasoning*, Soy Sauce*, Teriyaki Sauce*, Mushrooms, Broccoli, Cabbage, Carrot, Salt, Pepper, White Rice							✓	✓		
CHICKEN & SHRIMP	Chicken, Shrimp (Shrimp, Salt, Sodium Carbonate, Sodium Citrate, Citric Acid), Soy Sauce*, Teriyaki Sauce*, Green Butter, Mushrooms, Broccoli, Cabbage, Carrot, Salt, Pepper, White Rice						✓	✓	✓		
BEEF & SHRIMP	Beef, Shrimp (Shrimp, Salt, Sodium Carbonate, Sodium Citrate, Citric Acid), Green Seasoning*, Soy Sauce*, Teriyaki Sauce*, Mushrooms, Broccoli, Cabbage, Carrot, Salt, Pepper, White Rice						✓	✓	✓		

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<i>(Rice Meals, continued)</i>											
SIZZLING SHRIMP	Shrimp (Shrimp, Salt, Sodium Carbonate, Sodium Citrate, Citric Acid), Green Seasoning*, Soy Sauce*, Teriyaki Sauce*, Mushrooms, Broccoli, Cabbage, Carrot, Salt, Pepper, White Rice						✓	✓	✓		
TOFU TERIYAKI	Tofu*, Soy Sauce*, Teriyaki Sauce*, Mushrooms, Broccoli, Cabbage, Carrot, Salt, Pepper, White Rice							✓	✓		
HAWAIIAN CHICKEN	Chicken, Soy Sauce*, Teriyaki Sauce*, Pineapple, Broccoli, Cabbage, Carrot, Salt, Pepper, White Rice							✓	✓		
ORANGE CHICKEN	Karaage Chicken*, Orange Sauce**, Soy Sauce*, Teriyaki Sauce*, Mushrooms, Broccoli, Cabbage, Carrot, Salt, Pepper, White Rice				✓	✓		✓	✓		✓

MEAL	INGREDIENTS ✓ = Contains ● = May Contain *See Sauces , page 16 **See Components, Sides & Extras , pages 14-18	Peanut	Tree Nuts	Sesame Seeds & Derivatives	Milk & Milk Byproducts	Eggs & Egg Products	Seafood or Shellfish	Soy	Wheat or Gluten	Sulphites	MSG
NOODLE MEALS											
BEEF YAKISOBA	Beef, Green Seasoning**, Soy Sauce*, Teriyaki Sauce*, Mushrooms, Broccoli, Cabbage, Carrot, Salt, Pepper, Canola Oil, Yakisoba Noodles**							✓	✓		
CHICKEN YAKISOBA	Chicken, Soy Sauce*, Teriyaki Sauce*, Mushrooms, Broccoli, Cabbage, Carrot, Salt, Pepper, Canola Oil, Yakisoba Noodles**							✓	✓		
CHICKEN & BEEF YAKISOBA	Chicken, Beef, Green Seasoning**, Soy Sauce*, Teriyaki Sauce*, Mushrooms, Broccoli, Cabbage, Carrot, Salt, Pepper, Canola Oil, Yakisoba Noodles**							✓	✓		
CHICKEN & SHRIMP YAKISOBA	Chicken, Shrimp (Shrimp, Salt, Sodium Carbonate, Sodium Citrate, Citric Acid), Soy Sauce*, Teriyaki Sauce*, Green Butter, Mushrooms, Broccoli, Cabbage, Carrot, Salt, Pepper, Yakisoba Noodles**						✓	✓	✓		
BEEF & SHRIMP YAKISOBA	Beef, Shrimp (Shrimp, Salt, Sodium Carbonate, Sodium Citrate, Citric Acid), Green Seasoning**, Soy Sauce*, Teriyaki Sauce*, Mushrooms, Broccoli, Cabbage, Carrot, Salt, Pepper, Canola Oil, Yakisoba Noodles**						✓	✓	✓		

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POKE BOWLS											
*Citrus Soy Vinaigrette Is Produced In A Facility That Uses Many Ingredients, Omitting Dressing - Omits "May Contain" Items											
TROPICAL TUNA	Tuna, Pineapple, Unagi Sauce*, Kale, Fried Onion*, Citrus Soy Vinaigrette** Sushi Rice*, Red Pepper, Cucumber, Avocado, Sesame Seeds	●	●	✓	●	●	✓	✓	✓		
CALIFORNIA CRAVE	Surimi, Mayo*, Spicy Mayo*, Shrimp (Shrimp, Salt, Sodium Carbonate, Sodium Citrate, Citric Acid), Tuna, Pineapple, Unagi Sauce*, Kale, Fried Onion*, Citrus Soys Vinaigrette** Sushi Rice*, Red Pepper, Cucumber, Avocado, Sesame Seeds	●	●	✓	●	●	●	✓	✓		
CRISPY TOFU	Tofu*, Teriyaki Sauce**, Unagi Sauce*, Kale, Fried Onion*, Citrus Soy Vinaigrette** Sushi Rice*, Red Pepper, Cucumber, Avocado, Sesame Seeds	●	●	✓	●	●	●	✓	✓		
SAUCY CHICKEN	Chicken, Teriyaki Sauce**, Unagi Sauce*, Kale, Fried Onion*, Citrus Soy Vinaigrette** Sushi Rice*, Red Pepper, Cucumber, Avocado, Sesame Seeds	●	●	✓	●	●	●	✓	✓		

MEAL	<p>INGREDIENTS</p> <p>✓ = Contains ● = May Contain *See Sauces, page 16 **See Components, Sides & Extras, pages 14-18</p>	Peanut	Tree Nuts	Sesame Seeds & Derivatives	Milk & Milk Byproducts	Eggs & Egg Products	Seafood or Shellfish	Soy	Wheat or Gluten	Sulphites	MSG
SUSHI ROLLS (WITHOUT DIPPING SAUCE)											
TIGER ROLL	Tempura Shrimp**, Avocado, Rice, Sushi Vinegar, Nori (Seaweed), Sesame Seeds, Spicy Mayonnaise**, Unagi Sauce. Served with Wasabi**, Sushi Ginger**.			✓		✓	✓	✓	✓	✓	
VOLCANO ROLL	Crab Mixture**, Cucumber, Avocado, Rice, Sushi Vinegar**, Nori (Seaweed), Sesame Seeds, Spicy Mayonnaise**, Unagi Sauce**, Crispy Onion**, Shrimp (Shrimp, Salt, Sodium Carbonate, Sodium Citrate, Citric Acid). Served with Wasabi** And Sushi Ginger**.			✓		✓	✓	✓	✓	✓	
CALIFORNIA ROLL	Crab Mixture**, Cucumber, Avocado, White Rice, Sushi Vinegar**, Nori (Seaweed), Sesame Seeds. Served with Wasabi** and Sushi Ginger**.			✓		✓	✓	✓	✓	✓	
DYNAMITE ROLL	Tempura Shrimp**, Avocado, White Rice, Sushi Vinegar**, Nori (Seaweed), Sesame Seeds. Served with Wasabi** and Sushi Ginger**.			✓			✓	✓	✓	✓	
CUCUMBER ROLL	Cucumber, White Rice, Sushi Vinegar**, Nori (Seaweed). Served with Wasabi** and Sushi Ginger**.										
AVOCADO ROLL	Avocado, White Rice, Sushi Vinegar**, Nori (Seaweed). Served with Wasabi** and Sushi Ginger**.										

MEAL	INGREDIENTS ✓ = Contains ● = May Contain *See Sauces , page 16 **See Components, Sides & Extras , pages 14-18	Peanut	Tree Nuts	Sesame Seeds & Derivatives	Milk & Milk Byproducts	Eggs & Egg Products	Seafood or Shellfish	Soy	Wheat or Gluten	Sulphites	MSG
<i>(Sushi Rolls, continued)</i>											
CLASSIC PLATTER	Dynamite Rolls, California Rolls, Cucumber Rolls, Avocado Rolls, Served with Wasabi** and Sushi Ginger**.			✓			✓	✓	✓	✓	
SUSHILICIOUS PLATTER	Dynamite Rolls, California Rolls, Tiger Rolls, Volcano Rolls, Served with Wasabi** and Sushi Ginger**.			✓			✓	✓	✓	✓	
KIDS MEALS SERVED WITH POCKY STICKS** AND JUICE BOX											
POCKY STICKS IN KIDS MEAL (CHOCOLATE)	Wheat Flour, Sugar, Chocolate Liquor, Blend of Vegetable Oils (Sunflower Oil, Palm Oil), Whole Milk Powder, Vegetable Oil Shortening (Palm Oil, Hydrogenated Palm Oil), Cocoa Butter, Salt, Artificial Flavors, Yeast, Soy Lecithin, Leavening (Sodium Bicarbonate), Mono- and Diglycerides of Fatty Acids.	●	●		✓			✓	✓		
<i>KIDS MEALS SERVED WITH RICE</i>											
KIDS BEEF WITH RICE	Beef, Green Seasoning**, Soy Sauce*, Teriyaki Sauce*, Water, Mushrooms, Broccoli, Cabbage, Carrot, Salt, Pepper, White Rice							✓	✓		
KIDS CHICKEN WITH RICE	Chicken, Soy Sauce*, Teriyaki Sauce*, Mushrooms, Broccoli, Cabbage, Carrot, Salt and Pepper, White Rice							✓	✓		

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<i>Kids Meals Served With Rice (Continued)</i>											
KIDS SUSHI MEAL	Please refer to Sushi Rolls , pages 9-10 . California Roll, Avocado Roll, Cucumber Roll, Served with Wasabi** and Sushi Ginger**			✓		✓	✓		✓	✓	
KIDS TOKYO FRIED CHICKEN	Karaage Chicken, Sweet & Sour Sauce* OR Orange Sauce*				✓	✓		✓	✓		✓
<i>KIDS MEALS SERVED WITH YAKISOBA NOODLES</i>											
KIDS BEEF WITH YAKISOBA	Beef, Green Seasoning**, Soy Sauce*, Teriyaki Sauce*, Mushrooms, Broccoli, Cabbage, Carrot, Water, Salt, Pepper, Yakisoba Noodles**							✓	✓		
KIDS CHICKEN WITH YAKISOBA	Chicken, Soy Sauce*, Teriyaki Sauce*, Mushrooms, Broccoli, Cabbage, Carrot, Water, Salt, Pepper, Yakisoba Noodles**							✓	✓		
BUBBLE TEAS											
BROWN SUGAR MILK TEA	Brewed Green & Black Tea, Brown Sugar Syrup**, Creamer** Tapioca Pearls**				✓			✓			
MANGO BUBBLE TEA	Brewed Green Tea, Mango Syrup**, Lychee Coconut Jellies**										

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(Bubble Teas, continued)											
TARO TEA	Brewed Green & Black Tea, Brown Sugar Syrup**, Taro Powder**, Creamer**, Tapioca pearls**				✓			✓			
STRAWBERRY GREEN TEA	Brewed Green Tea, Strawberry Syrup**, Lychee Coconut Jellies**										
SAUCES & DIPPING SAUCES											
CHILI CRISP	Sunflower Oil, Dehydrated Onion, Garlic, Red Bell Pepper, Chili Pepper, Sesame Oil, Salt, Spices (Star Anise, Sichuan Pepper, Cinnamon, Cloves, Fennel). Contains: Sesame.			✓							
CHILI GARLIC SAUCE	Chili, Sugar, Salt, Garlic, Distilled Vinegar, Potassium Sorbate and Sodium Bisulfite (as preservatives), Xanthan Gum									✓	
CITRUS & SOY VINAIGRETTE	Water, Teriyaki Concentrate, Canola Oil, Rice Vinegar, Orange Juice Concentrate, Sugar, Lemon Juice Concentrate, Sesame Oil, Salt, Xanthan Gum, Sodium Propionate, Citric Acid, White Pepper Powder.	●	●	✓	●	●	●	✓	✓		
GYOZA SAUCE	Soy Sauce*, Vinegar, Sesame Oil & Seeds			✓				✓	✓		
SOY SAUCE	Water, Soybeans, Wheat, Salt, Sodium Benzoate: Less Than 1/10 Of 1% As A Preservative							✓	✓		

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<i>(Sauces & Dipping Sauces, continued)</i>											
SOY SAUCE (PACKETS)	Water, Soybeans, Wheat, Salt, Sodium Benzoate: Less Than 1/10 Of 1% As A Preservative							✓	✓		
SOY SAUCE (GLUTEN FREE TAMARI PACKETS)	Water, Soybeans, Salt, Sugar							✓			
SWEET & SOUR SAUCE	High Fructose Corn Syrup, Distilled White Vinegar, Water, Pineapple Juice Concentrate, Modified Cornstarch, Contains Less Than 2% Of Salt, Soybean Oil, Potassium Sorbate And Sodium Benzoate As Preservatives, Dried Green Bell Peppers, Dried Red Bell Peppers, Spices, Natural Extractives Of Paprika.							✓			
TEMPURA SAUCE	Soy, Wheat, Monosodium Glutamate, Bonito (Fish)						✓	✓	✓		✓
TERIYAKI SAUCE	Cornstarch, Soy Sauce*, Water, Sugar, Seasoning, Vinegar, Potassium Sorbate (Maintains Freshness), Sodium Benzoate (Maintains Freshness), Natural Flavors							✓	✓		
UNAGI SAUCE	Sugar, Soy Sauce*, Mirin (Sweet Cooking Rice Wine), Modified Corn Starch, Caramel Colour, Salt							✓	✓		
ORANGE SAUCE	Water, Corn Starch, White Vinegar, Red Chili Pepper Flakes, Teriyaki Sauce Powder, Orange Marmalade, Orange Juice							✓	✓		

ITEM	<p style="text-align: center;">INGREDIENTS</p> <p>✓ = Contains ● = May Contain *See Sauces, page 16 **See Components, Sides & Extras, pages 14-18</p>	Peanut	Tree Nuts	Sesame Seeds & Derivatives	Milk & Milk Byproducts	Eggs & Egg Products	Seafood or Shellfish	Soy	Wheat or Gluten	Sulphites	MSG
COMPONENTS, SIDES & EXTRAS											
ADD SHRIMP	Shrimp (Shrimp, Salt, Sodium Carbonate, Sodium Citrate, Citric Acid.), Green Seasoning**, Soy Sauce*, Teriyaki Sauce*						✓	✓	✓		
EDAMAME (SEA SALT)	Edamame Beans in shell (Soybeans), Sea Salt							✓			
TEMPURA SHRIMP (NO DIPPING SAUCE)	Shrimp, Soybean Oil, Enriched Wheat Flour, Water, Corn Starch, Potato Starch, Salt, Leavening Agent (Bisodium Carbonate, Monocalcium Phosphate, Potassium Tartrate, Cornstarch), Sodium Tripolyphosphate, Sodium Bicarbonate, Corn Flour, Paprika, Vitamin B2, Annatto, Sulphites						✓	✓	✓		
PORK & CHICKEN GYOZA (NO DIPPING SAUCE)	Pork, Chicken, Cabbage, Onion, Pork Fat, Water, Garlic, Garlic Chives, Sesame Oil, Sake Wine, Seasoning (Sugar, Salt, Yeast Extract, Fermented Wheat Protein, Maltodextrin), MSG, Carrageenan, Ginger, Soy Sauce, Natural & Artificial Flavour, Chicken Broth Base, (Chicken Broth, Autolyzed Yeast Extract, Thiamine, Hydrochloride) Chicken Broth Base, Disodium Inosinate & Guanylate. Wrapper: Wheat Flour, Water, Canola Oil, Rice Flour, Salt, Potato Starch, Soy Sauce, Soy Lecithin, Soy Flour, Sodium Caseinate (Milk), Egg Whites			✓	✓	✓		✓	✓		

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<i>(Components, Sides & Extras, continued)</i>											
KARAAGE CHICKEN	Chicken, Water, Soybean Oil, Corn Starch, Unbleached Enriched White Flour, Soy Sauce, Sugar, Garlic Puree, Yellow Corn Flour, Dehydrated Soy Sauce, Yeast Extract, Modified Food Starch, Sodium Phosphates, Sweet Cooking Rice Wine, Salt, Ginger Puree, Dextrose, Garlic Powder, Disodium Inosinate & Guanylate, Spice, Tricalcium Phosphate, Whey Powder, Palm Oil, Ginger powder, Distilled Monoglycerides, Leavening, Maltodextrin, Eggs, Non-fat Milk, Xanthan Gum, Paprika Oleoresin				✓	✓		✓	✓		✓
RICE (WHITE)	White Rice, Water										
SPRING ROLLS (NO DIPPING SAUCE)	<u>Filling:</u> Cabbage, Textured Soy Flour, Carrot, Salt, Sugar, Ground Sesame Seed, Mushroom, Spices, Granulated Garlic, Sesame Oil, Yeast Extract Mix (Yeast Extract, Salt, Flavor, Maltodextrin) <u>Wrapper:</u> Water, Enriched Wheat Flour, Salt, Baking Powder, Canola Oil			✓	●		●	✓	✓	●	
TOFU	Soy Milk (Soybeans, Water), Soybean Oil, Modified Corn Starch, Trehalose, Calcium Sulfate, Coagulant [Starch Syrup (Corn, Tapioca), Salt, Dextrin], Glucose, Glycerin Fatty Acid Esters, Salt							✓			
CREAMER	Creamer, Sodium Caseinate				✓						
Crab Mixture	Imitation Crab Meat, Mayonnaise**					✓					

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<i>(Components, Sides & Extras, continued)</i>											
YAKISOBA NOODLES	Enriched Wheat Flour [Flour, Niacin, Reduced Iron, Thiamine Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid], Water, Wheat Gluten, Salt, Potassium Carbonate, Fd & C Yellow # 5 & #6, And Soybean Oil.								✓		
FRIED ONIONS	Onions, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sunflower, Safflower And/Or Canola Oil, Salt.								✓		
CRAB MIXTURE	Imitation Crab Meat, Mayonnaise**					✓					
GREEN SEASONING	Margarine (Palm & Soybean Oil Water, Salt, Vegetable Mono & Diglycerides, Potassium Sorbate (A Preservative), Citric Acid, Natural & Artificial Flavor, Beta Carotene) Water, Salt, Canola Oil, Garlic, Parsley							✓			
MAYONNAISE	Soybean Oil, Water, Egg Yolks, Distilled Vinegar, Corn Syrup, Contains Less Than 2% Of Salt, Spices, Calcium Disodium Edta Added To Protect Flavor.					✓					
Sushi Vinegar	High Fructose Corn Syrup, Distilled Vinegar and Rice Vinegar (diluted with water), Salt, Brown Sugar										

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<i>(Components, Sides & Extras, continued)</i>											
ORANGE SAUCE	Orange Juice, Marmalade (High Fructose Corn Syrup, Corn Syrup, Orange Peel, Water, Sugar, Concentrated Orange Juice, Contains 2% Or Less Of Pectin, Citric Acid, Sodium Benzoate (Preservative)), Teriyaki Sauce*, Crushed Chili Peppers, White Vinegar, Water, Cornstarch							✓	✓		
POCKY STICKS IN KIDS MEAL (CHOCOLATE)	Wheat Flour, Sugar, Chocolate Liquor, Blend of Vegetable Oils (Sunflower Oil, Palm Oil), Whole Milk Powder, Vegetable Oil Shortening (Palm Oil, Hydrogenated Palm Oil), Cocoa Butter, Salt, Artificial Flavors, Yeast, Soy Lecithin, Leavening (Sodium Bicarbonate), Mono- and Diglycerides of Fatty Acids.	●	●		✓			✓	✓		
SUSHI GINGER	(Ingredients may vary by market/location.) Ginger, Water, Salt, Citric Acid, Acetic Acid, Aspartame (contains Phenylalanine), Potassium Sorbate										
SPICY MAYONNAISE	Soybean Oil, Water, Vinegar, Liquid Egg Yolk, Jalapeno Pepper Puree (Red Jalapeno Peppers, Salt, Acetic Acid), Aged Cayenne Red Peppers, Sugar, Salt, Modified Cornstarch, Spice, Carrot Fiber, Annatto Extract, Sorbic Acid, Natural Flavor, Garlic Powder, Lemon Juice Concentrate, Xanthan Gum, Calcium Disodium EDTA.					✓		✓			
WASABI	Water, Horseradish Powder, Mustard Powder, Corn Starch, Citric Acid, Ascorbic Acid, Artificial Coloring										

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<i>(Components, Sides & Extras, continued)</i>											
LYCHEE COCONUT JELLY	Coconut, High Fructose Corn Syrup, Water, Sugar, Flavor, DL-Malic Acid, Potassium Sorbate, Xanthan Gum, Sodium Citrate, Calcium Lactate, Antifoam, FS&C Yellow No.5 & No.6										
BROWN SUGAR SYRUP	Brown Sugar, Sugar, Fructose, Water, Molasses, Caramel Flavor, Winter Melon Flavor, Caramel Colour										
MANGO SYRUP	Sugar, Water, Mango, Yellow Peach, DL-Malic Acid, Mango Flavor, Binding Agent-IXA, Sodium Citrate, Xanthan Gum, Sodium Carboxymethyl Cellulose, Disodium EA, Acesulfame Potassium, Sucralose, Potassium Sorbate, Ethyl Maltol, FD&C Yellow No.5, FD&C Yellow No.6										
STRAWBERRY SYRUP	Sugar, Strawberry, Water, Fructose, DL-Malic Acid, Strawberry Flavor, Binding Agent-IXA, Sodium Citrate, Xanthan Gum, Sodium Carboxymethyl Cellulose, Disodium EA, Sucralose, Potassium Sorbate, FD&C Red No.40, Ethyl Maltol				✓						
TARO POWDER	Non-Dairy Creamer, Sucrose, Glucose, Silicone Dioxide, Flavor, Xanthan Gum, Red No.40, Blue No.1, Red No.3				✓						
TAPIOCA PEARLS	Tapioca Starch, Water, Starch Acetate, Caramel Colour, CMC, D-Sorbitol Solution, Sodium Polyphosphate, Potassium Sorbate, Flavor										

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SPECIAL FEATURES (WHEN APPLICABLE)											